

# The Educator as Coach – kicking goals for supervisors and trainees

Heather Grusauskas<sup>1</sup> and Patrick Kinsella<sup>1</sup>

<sup>1</sup>Eastern Victoria General Practice Training, Victoria, Australia

## **Introduction/background:**

Coaching is more frequently associated with professional sport or executive training. As a training provider we are interested in the role that coaching plays in supervision.

## **Purpose and outcomes:**

As a consequence, we developed a workshop for our supervisors to provide them with the relevant educational theory, a framework that could be utilised with their registrars and additionally the opportunity to discuss and get feedback from their peers.

## **Issues for exploration or questions for discussion:**

- What is coaching?
- What coaching models are available?
- What is the role of direct observation in coaching?
- What is the relationship between educational theory and coaching?
- Coaching case studies
- Coaching in diverse contexts

## **Outline of workshop activities**

This workshop includes a pre-reading activity around coaching models. The workshop will involve case based discussions and role plays. These will be in the form of both small and large group work. The aim of the workshop is to upskill participants on educational coaching models and to provide a toolbox which they can utilise in their own learning environments.

This workshop is for anyone interested in coaching for performance enhancement.